



Omaha Magazine's 2015 Excellence in Nursing Winner Profiles



Women's Health

Teresa Kenney WHNP, APRN, Women's Health Nurse Practitioner

POPE PAUL VI INSTITUTE, SANCTA FAMILIA A tender hand for women and new life are areas of care that have become Teresa Kenney's passion. Her desire to help other women as well as her strong Catholic faith led her to Pope Paul VI Institute for the Study of Human Reproduction.

The institute is internationally recognized for its achievements in the field of natural fertility regulation and reproductive medicine. It treats women from all over the country and the world, says Kenney, who specializes in a new women's health science called NaProTechnology. The focus here is on using natural fertility cycles to help women deal with such common women's health issues as premenstrual syndrome, ovarian cysts, irregular cycles, painful periods, polycystic ovaries, premenopausal symptoms, infertility, and repeat miscarriage.

"I am extremely passionate about what I do because everything I offer my patients is healthy and works cooperatively with their bodies," says Kenney. "So many women come to us with health issues they don't understand. They have already been to many doctors for help, but have only been given a band-aid approach to medicine. We empower these women by helping them understand their bodies and, by using NaProTechnology, we are able to treat their underlying diseases without the use of harmful drugs."

Kenney goes above and beyond the boundaries of her job to help patients, whether it's staying after hours to make phone calls, comforting a grieving patient suffering with infertility or loss, taking the time to talk to patients that no one else can reach, or just taking a moment to pray with them. She also takes time to educate young women in the community, works at Sancta Familia family practice clinic one day a week, and also provides prenatal care for a local maternity home for homeless women.

"I feel that this is what I was called to do," says Kenney. "To serve women and their families, and to treat them with compassion and dignity." **DMAG**